



IAU LABELS ***for*** ***Ultra-distance*** ***RACES***

(vs 01/01/2020)



1. TARGET GROUP

- 1.1 IAU Technical Committee
- 1.2 IAU Record Committee
- 1.3 IAU National Federations, Organisers of ultradistance races
 - ❖ For an IAU Gold Label.
 - ❖ For an IAU Silver Label.
 - ❖ For an IAU Bronze Label.
 - ❖ For an IAU Trail Label.

2. IAU ULTRADISTANCE RACE DEFINITIONS

- 2.1 **Classical and popular ultraraces**
 - ❖ Races longer than the marathon distance
 - ❖ Races run on a track or on a road
 - ❖ Races run at an official distance or non official distance.
- 2.2 **IAU “Trail” ultraraces**
 - ❖ Races longer than the marathon distance that cannot be measured by a Jones Counter but can be measured by a GPS.
 - ❖ Partially on road or off road

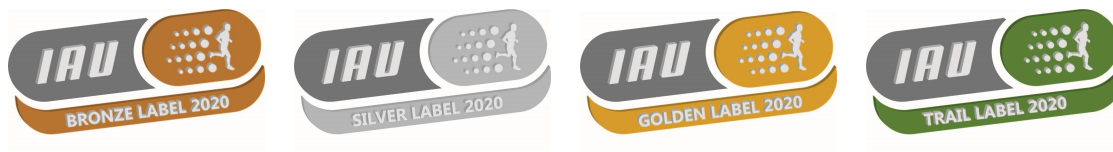
3. IAU LABEL DEFINITIONS

3.1 The **IAU quality labels for ultraraces** are the property of the IAU and can be adapted by simple decision of the IAU Executive Council (IAU.EC) whenever it may be necessary.

3.2 The IAU will officially recognise the following labels for ultradistance races

IAU Gold Label	OD Road and Track Races NOD Road and Track Races
IAU Silver Label	
IAU Bronze Label	
IAU Trail Label	Trail Races

OD = Official distance (distances at which the IAU hold competitions – 100K, 24H, 50K)
 NOD = Non Official Distance (6H, 12H, 48H, 50 miles etc)





4. CRITERIA COMMON TO ALL IAU LABELS.

- 4.1 The IAU Labels can be given to OD and NOD road, track, trail and mountain races as long as their organisers don't have any financial debts towards the IAU.
- 4.2 The IAU label will be given for an event for one calendar year (1st January – 31st December) only. It is preferable for the application to be made at or before the beginning of that year. Any renewal applications can be made as soon as the results from the previous event have been submitted.
- 4.3 The organisation must be affiliated to its National Athletic Federation, or, in the case where its federation doesn't recognise ultra races or at least the specific distance, must organise the event together with an official club of the federation.
- 4.4 If their federation gives specific quality labels to recognised distances, then the ultraraces must also fulfil these national criteria.
- 4.5 Unclassified courses with different distances must consider each event separately for IAU label applications and send a course measurement for each.
- 4.6 In the case of official intermediate timekeeping in a labelled race the organiser should also apply for an additional IAU Bronze label to recognise the intermediate timed results.
- 4.7 The validity of the course measurement may not exceed 5 years when the course has not changed from the original course. The only exception is for officially measured track courses with a track certificate that is still valid. Course measurement costs are paid by the race organisation.
- 4.8 For Trail courses, the measurement of the course must be done with GPS at 10 metre intervals to make the measurement as accurate as possible and the GPS track published.
- 4.9 The organisation should aim to send the official results of the race to the IAU within two weeks of the date of the event. These should be in the proper Excel format (see appendix 2). To guarantee the accuracy of the results, an additional pdf copy signed by the race referee, listing their credentials, should be sent to the IAU.
- 4.10 The organisation must follow the technical and organisational IAU guidelines that are published for IAU Championships.
- 4.11 In the case of a World Record or World Best Performance, the organisation must submit the applications as described in the IAU record application guidelines (see IAU website)
- 4.12 The organisation will publish the official IAU label logo on all relevant forms of communication (letters, website, posters, results, press map etc)
- 4.13 The official application for an IAU label and yearly renewals must be made online on the IAU website. All additional evidence such as course measurement, results from previous years and evidence of approval by the National Athletics Federation MUST be sent in DIGITAL format to the IAU.
- 4.14 The official application can be done by an « official third party » e.g. an National Ultramarathon Organisation, but should also include all necessary documents.



- 4.15 All IAU labels are free.
- 4.16 All IAU labels are valid for one year only and IAU labels need to be renewed each year with valid certification where required.

5. SPECIFIC CRITERIA FOR EACH IAU LABEL.

- 5.1 Race history and performance
Gold – the organisation must have existed for 3 years at least if it has not held must have held an IAU silver label for the previous year.
Silver – the organisation must have existed for 2 years at least. As proof, the organisation must send the results of the previous 2 years if the course hadn't had a silver label the previous year.
- 5.2 Elite performances
Gold and Silver: at least 5 athletes (mixed men and women) performances at international (gold) or national level (silver) in one of the three previous years. (see Appendix 1)
- 5.3 Course Measurement.
. Gold: the course must be measured by an Official "A" or "B" IAAF /AIMS measurer following the IAAF rules (Jones Counter).
. Silver and Bronze: the course has to be measured by an official measurer having at least a National Federation qualification ("C" measurer).
- Additional qualification for Silver and Gold: a Technical Delegate must be appointed prior to the race – to be decided between LOC, IAU General Secretary and Area Representative.
- 5.4 Anti-doping Control
Gold: Anti-doping control is required by the IAU respecting the IAAF guidelines. Costs should be met by the race organisation or the national federation. Numbers of controls to be discussed with the IAU.
- 5.5 Trail Races
Races fulfilling the definition for trail events will be awarded an IAU Trail label. The varying race characteristics between events make it difficult to judge performances for the higher levels of label.

6. PROCEDURE FOR APPLYING FOR AN IAU LABEL

- 6.1 The organiser must fill in the application form online on the IAU website and provide the additional evidence required and send to **only in digital format**
- **The IAU General Secretary :** secretary@iau-ultramarathon.org
 - **The IAU Record Committee:** records@iau-ultramarathon.org
 - **The IAU Results Committee:** results@iau-ultramarathon.org
- This should be done preferably before 1st of January of the previous year for the Gold and Silver Applications and at least before the end of the year that the race was held.
- 6.2 Only completed dossiers will be taken into account, which means that they will contain :
- a. The application of the organisation online



- b. The document of information (depending of the kind of race)
- c. A proof of evidence of the approval by the National Athletics Federation.
- d. A complete result of the races, of the last two or three years (see 4.1), who didn't had an IAU Label before and who are applying for a Silver or Golden IAU Label.
- e. ALL in electronic format

7. PERFORMANCE RANKING IN IAU LABELLED RACES.

- 7.1 Only the races which have an IAU Label will become part of the international Ranking List **IF** the results are sent in the appropriate digital format (as an EXCELL-file, see appendix 2) by E-mail to
- The IAU General Secretary : secretary@iau-ultramarathon.org
 - The IAU Record Committee: records@iau-ultramarathon.org
 - The IAU Results Committee: results@iau-ultramarathon.org
- 7.2 This ranking should be followed up by the Record Commission and published on the IAU website.
- 7.3 Only the performances in these IAU International Ranking list will be taken into account to define the Travel Grants for the elite runners when going to the Major IAU Competitions.

APPENDIX 1 International and National Level

INT= International Level, NAT= National Level

50K		
	M	W
INT	03:08:00	03:40:00
NAT	03:25:00	03:59:00

50 Mile		
	M	W
INT	05:29:00	06:17:00
NAT	06:00:00	06:54:00

100K		
	M	W
INT	07:00:00	08:00:00
NAT	07:40:00	08:45:00

100Mile		
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	M	W
INT	14:25:00	16:35:00
NAT	15:45:00	18:05:00

	6H	
	M	W
INT	88	77
NAT	80	71

	12H	
	M	W
INT	141	128
NAT	133	121

	24H	
	M	W
INT	244	224
NAT	217	199

	48H	
	M	W
INT	369	319
NAT	328	284

	6 Days	
	M	W
INT	838	698
NAT	745	620



APPENDIX 2

Instructions for completing Race Results for inclusion in IAU World Ranking Lists

To be able to collect the results of your race for :

- Making the official ranking lists of the IAU for all recognized ultradistance races
- Making a database with all official results
- The calculation of the Travel Grants for the elite runners when invited to the Major IAU Competitions (e.g. WC100K, WC24H, ...)

The organiser must send his full results to :

- **The IAU General Secretary** : secretary@iau-ultramarathon.org
- **Record Committee**: records@iau-ultramarathon.org
- **Results committee**: results@iau-ultramarathon.org

General Instructions:

1. When forwarding race results it is essential that they presented in a standard format, using Microsoft **Excel**, Font Type – Arial – Size 10, in English, page formatted to Landscape, to ensure accurate, and early inclusion into the World Rankings.
2. Performances for measured distance races such as 12 hr., 24 hr., etc. should be shown in Kilometres to three decimal places (i.e. – 123,456). **Commas must be used**. Cell should be formatted to general, or as a number. Numbers written as text cannot be sorted correctly.
3. Performances for timed events such as 50Km, 100Km, etc. should be shown in hours, minutes & seconds to two decimal places, and separated by a colon (i.e. – 09:45:15).
4. Surname should commence with the first letter in upper case, and all remaining letters in lower case. In the instance of a double-barrelled name (Smith-Brown) the first letter of each name should be upper case.
5. First name should follow the same format.
6. Gender should be shown as M for male, and F for Female.
7. Date of Birth should be written numerically in the format day, month, year, with the year shown in full (i.e. – 01/01/2008).
8. Race surface should be stated. I for Indoors. R for Road. T for Track.
9. Country name should be abbreviated to three upper case letters in accordance with the official IAAF/IOC list, i.e. GBR – Great Britain. ESP – Spain, RUS – Russia, etc.
10. Date should be in the format day, month, year, with the year shown in full (i.e. – 01/01/2008).



11. Location should be presented as location, country (i.e – Madrid, Spain).
12. Race Results are to be forwarded to the IAU no more than 2 weeks after the race, in the above format.
13. A copy of the results must be signed by the Race Referee and his credentials given and sent in addition to the excel race results. This copy may be sent as a pdf. File.

**RESULT FORMAT FOR IAU RESULTS
EXCEL FILE !**

Rank	Perf.	Name	1 st Name	Gdr	DOB	Ctry
1	203.450	Smith	John	M	19/12/1960	GBR

Surface R=Road TK= Track TL=Trail I= Indoor	Date	Location	Name of the race	Distance
R	25/07/2007	London, UK	24H of London	24H
				100 km

A brief description of the results format can be downloaded from the IAU website.



APPENDIX 3

APPROVED DIGITAL FORMATS

To save a lot of administration work and the related costs the organisers who apply for an IAU label are obliged to send ALL INFORMATION in DIGITAL FORMAT.

What is allowed ?

1. APPLICATION FORMS on line only

2. EVIDENCE OF COURSE MEASUREMENT

- a. WORD, PDF or EXCEL file
 - i. When the evidence of Course Measurement was received as Word, PDF or EXCEL file, it can be send in the same format to the IAU.
- b. PDF-file
 - i. Make a scan, save it as PDF-file and send it back.
- c. JPG/ JPEG of BMP-file
 - i. Print out the application form, fill it in manual, make a scan, save it as JPG/ JPEG or BMP-file and send it back.
 - ii. Print out the application form, fill it in manual, make a digital picture of it (at least 2 megapixel) and send it back

3. APPROVAL OF THE NATIONAL FEDERATION

- a. PDF-file
 - i. Make a scan, save it as PDF-file and send it back.
- b. JPG/ JPEG of BMP-file
 - i. Print out the application form, fill it in manual, make a scan, save it as JPG/ JPEG or BMP-file and send it back.
 - ii. Print out the application form, fill it in manual, make a digital picture of it (at least 2 megapixel) and send it back

4. RESULTS OF THE PREVIOUS YEARS

(Only if necessary for the application for SILVER or GOLD, see p.4.3 and 5.3)

- a. As an EXCEL-file
- b. PDF-file
 - i. Make a scan, save it as PDF-file and send it back.
- c. JPG/ JPEG of BMP-file
 - i. Make a scan, save it as JPG/ JPEG or BMP-file and send it back.
 - ii. Make a digital picture of it (at least 2 megapixel) and send it back

5. RESULTS OF THE LABELLED RACE

- a. Only results send as an EXCEL-file will be accepted (see appendix 2)